LGBTQIA2S+ Community Weekend Trip:
Mill Ridge Park – Volunteer Vacations 2024
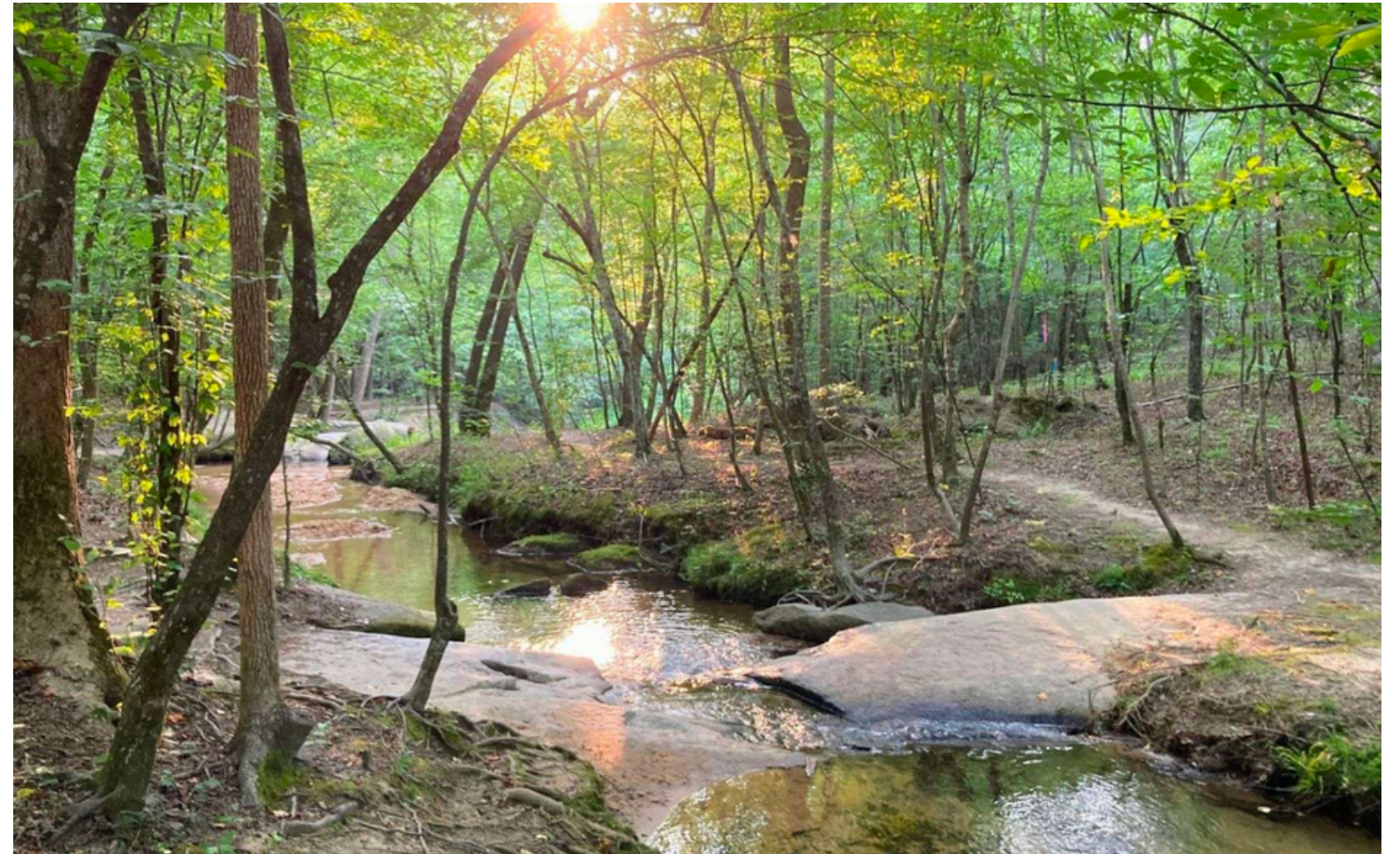
May 9th - May 12th
12965 Old Hickory Blvd., Antioch, TN 37013

Quick Facts:
- Project Rating: Moderate
- Group Size: 4-8
- Project Type: Day Hiking
- Accommodations: Car Camping
- Temperature:
  - Average High: 80°
  - Average Low: 59°

Project Description:
- Spend time at a newly established park in Southeast Davidson County! This project is open to anyone who feels that a welcoming Queer/LGBTQIA2S+ space is the right space for them. Mill Ridge Park consists of 600+ acres of multi-use greenspace providing a sustainable and equitable outdoor experience for the diverse community of the greater Nashville area in southeast Davidson County.
- Volunteers will help provide healthy access to nature and recreational activity space for neighboring families, students, and employees. Volunteers will work together to improve trail systems at Mill Ridge Park. The work will include brushing and trail corridor maintenance on established sections, invasive plant removal using hand tools, and possible construction of drainage features.

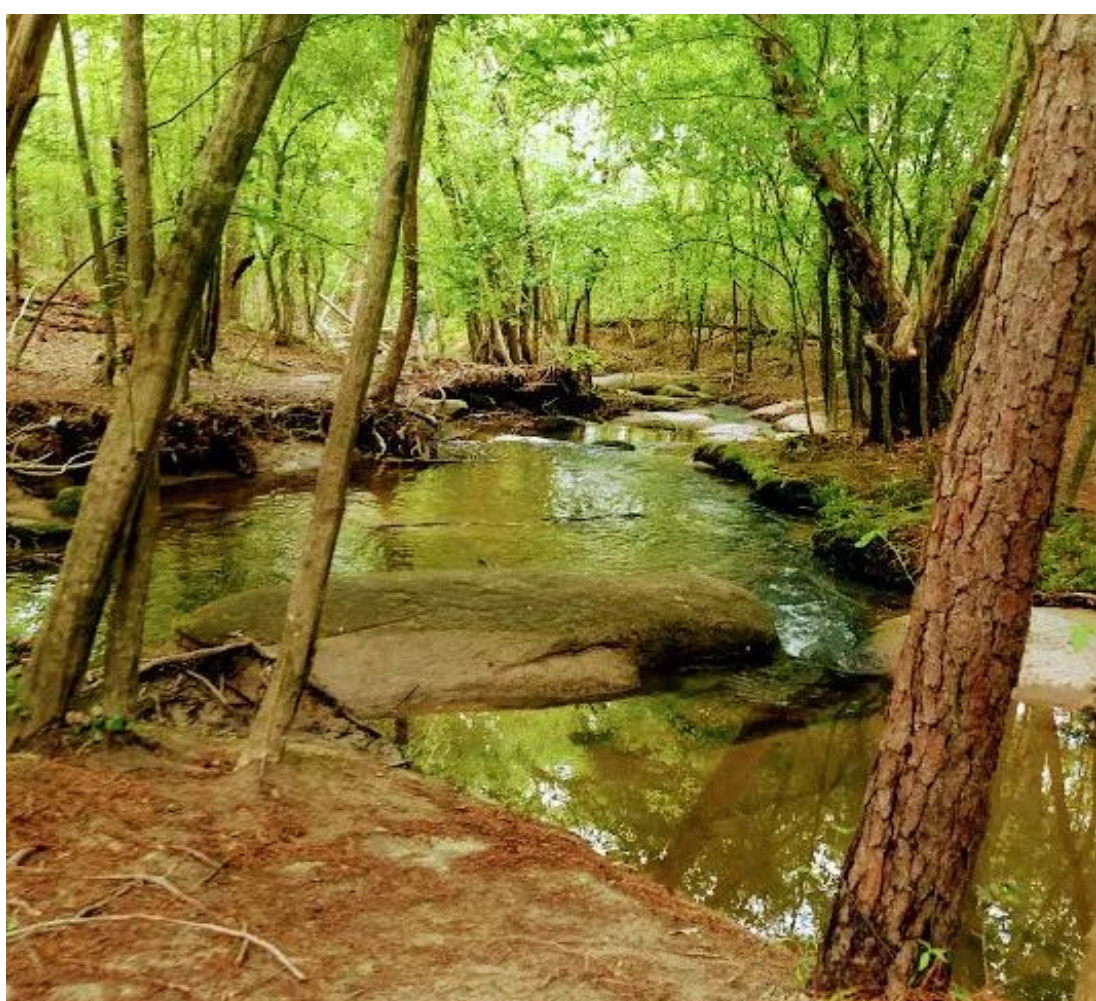**Offsite Activity Description:**
- There are countless entertainment and outdoor activities surrounding the area that volunteers have access to throughout the week, including kayaking, hiking, or going to a show.

Area and Attractions:
- Mill Ridge Park has a long history of agricultural use of the land with historic structures dotted throughout the parkland. Natural features include limestone outcroppings and a unique to Middle Tennessee 10-acre cedar glade, an ecosystem that features shallow soils, beautiful annual flowers, and prickly pear cactus. There are also several ponds and streams located on the grasslands side of the property.

Travel Details:
- Nashville International Airport is the closest major airport. Airport pick up and drop off is available for volunteers and will be arranged upon confirmation of the trip.

American Hiking Society

Visit www.americanhiking.org or scan the QR code for more information